Cyflwynwyd yr ymateb hwn i'r <u>Pwyllgor Plant, Pobl Ifanc ac Addysg</u> ar gyfer yr ymchwiliad: <u>A oes gan blant</u> <u>a phobl ifanc anabl fynediad cyfartal at addysg a gofal plant?</u>

This response was submitted to the <u>Children, Young People and Education Committee</u> for the inquiry: <u>Do</u> <u>disabled children and young people have equal access to education and childcare?</u>

## AEC 61

Ymateb gan: Unigolyn Response from: Individual

I am aware that I am emailing this late but I have been trying to write this for 2 months and not found the mental space and energy to do so. I unfortunately still have not found the ability to put down all I want to say in words because my family are really struggling.

All I can say is that I have experienced barriers for both my children. One with ASD and the other with trauma as a result of her brothers violent behaviours which put our family at risk.

I had to think of the main things I would like to highlight as a family who have had many barriers to education.

- Schools need to understand that anxiety can manifest in violent behaviours
- Schools need a better understanding of trauma informed care and how to support siblings of children with violent behaviours

I have encountered numerous occasions of parental blame and gaslighting with is just not acceptable. My son with ASD is now doing ok in school but I have just had to deregister my daughter due to lack of support. Not only did we have lack of support but actually the incorrect input or misconceptions of the root of the problems and inability to be patient actually caused harm.

We are now a family who are severely burnt out and in crisis.

I hope that this research highlights the massive barriers to accessing school for children with neurodiversity and young carers.